

# Chemehuevi Diabetes Department Monthly Cooking Demonstration

Featured Recipe

## “Spinach Salad with Chicken and Avocado”



WHEN: August 19, 2015  
TIME: 10:30 a.m.-11:30 a.m.  
WHERE: NUWUVI PARK

**Class size is limited you must register to participate!**

Contact Anna Drum-Lynch at (760) 858-5426

